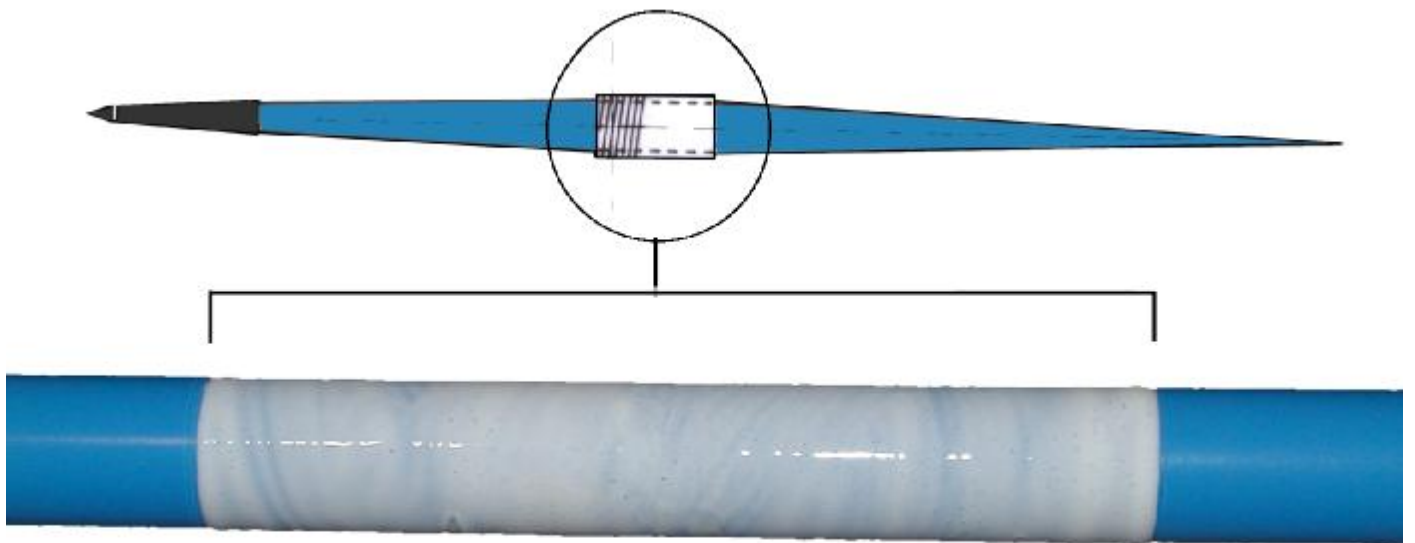


HOW TO REPLACE THE JAVELIN CORD PRACTICAL GUIDE



How to replace the javelin cord - practical guide

1. Prepare necessary tools and materials

a) glue with paintbrush



b) sharp knife



c) scissors

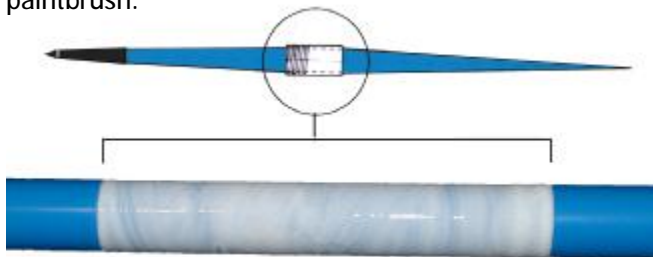


d) javelin cord

e) double-loop pull



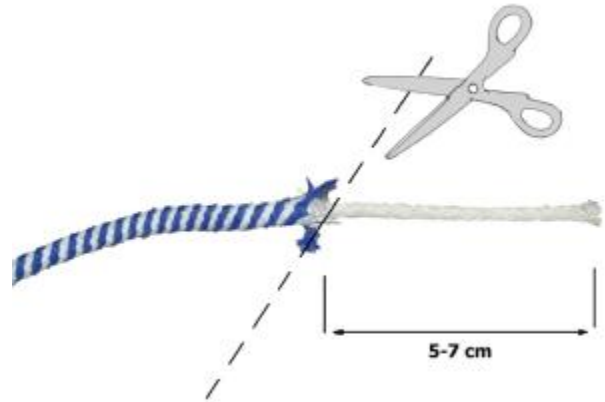
2. Spread evenly glue on the javelin shank with the paintbrush.



3. Pull the cord core from the cord wrap.



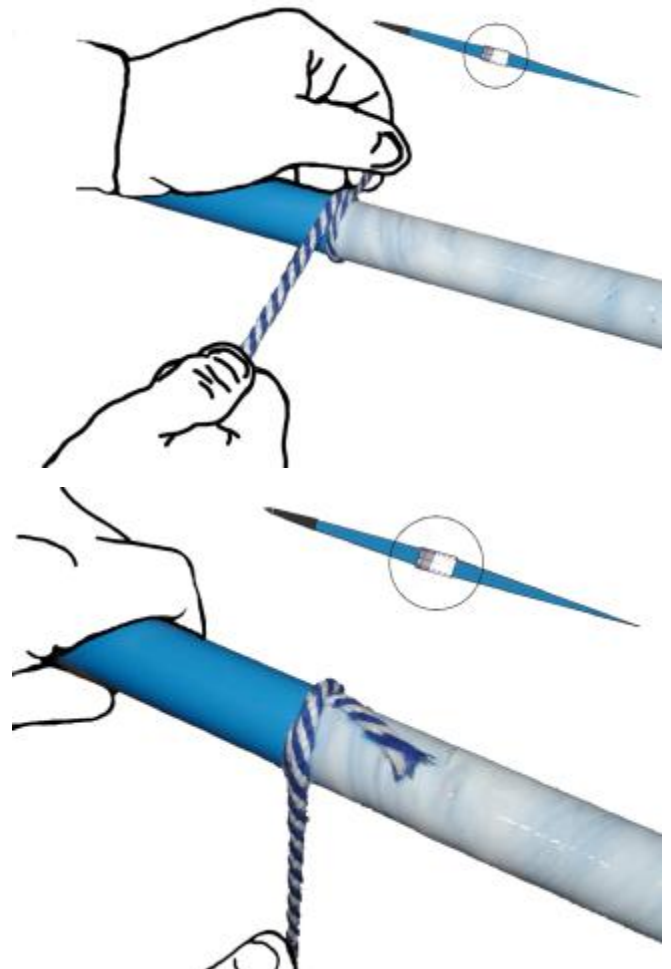
4. Cut off a piece (about 5-7 cm) of the core.



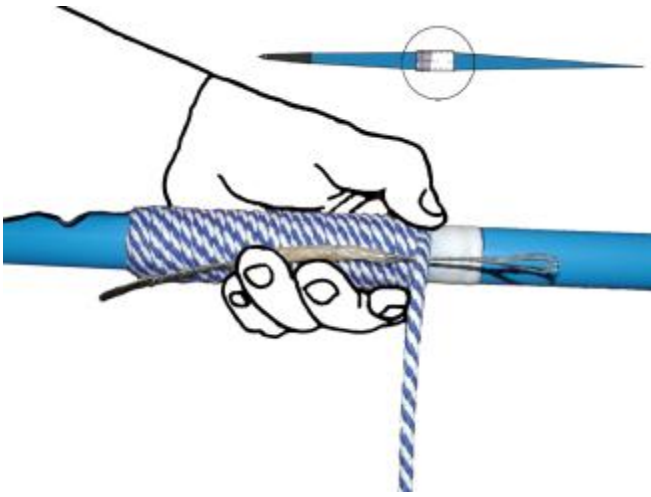
5. And stretch back the cord wrap.



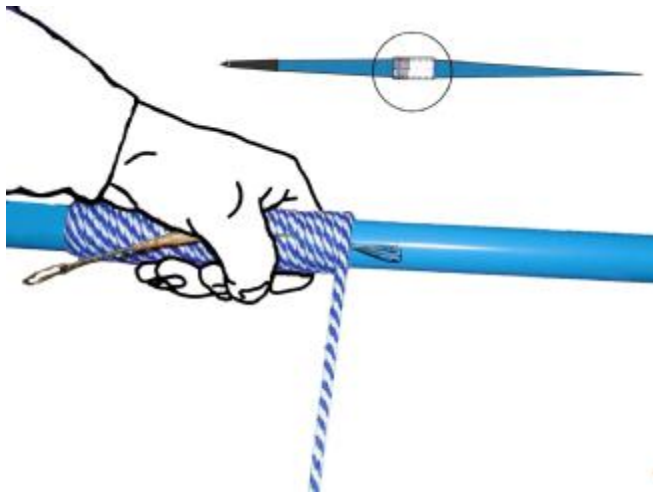
6. Wind the first coil of the cord. The second coil should press the cord section (which has been prepared according to points 3-5) to the shank and block it.



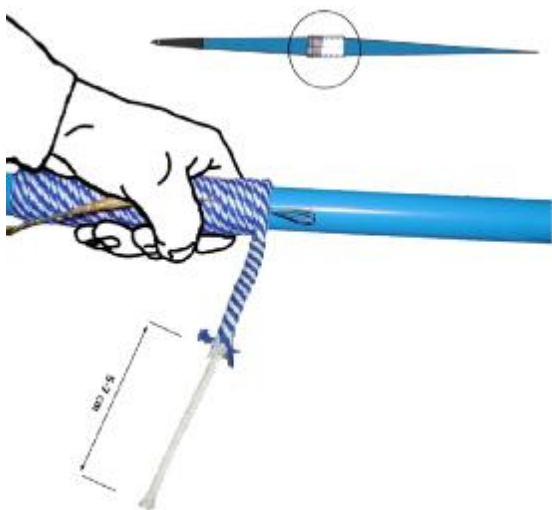
7. Before you wind the last 4-5 coils, slide the double-loop pull under the cord and then continue to wind the cord.



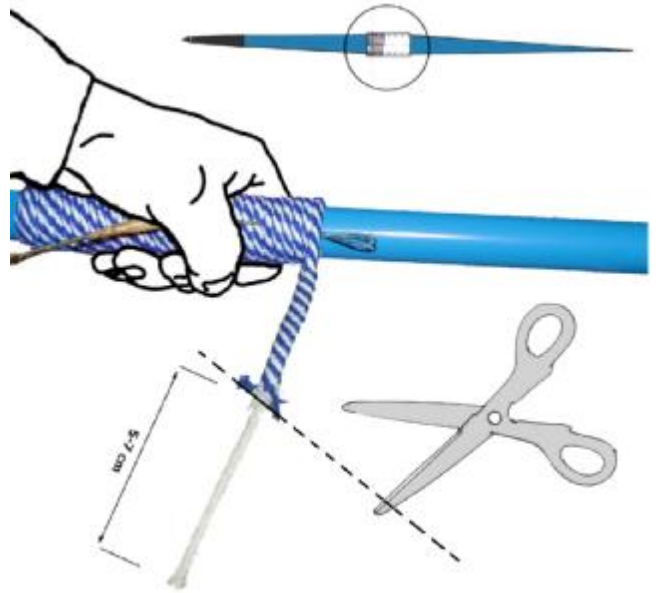
8. When you finish winding, cut the cord leaving approx. 8 cm of it.



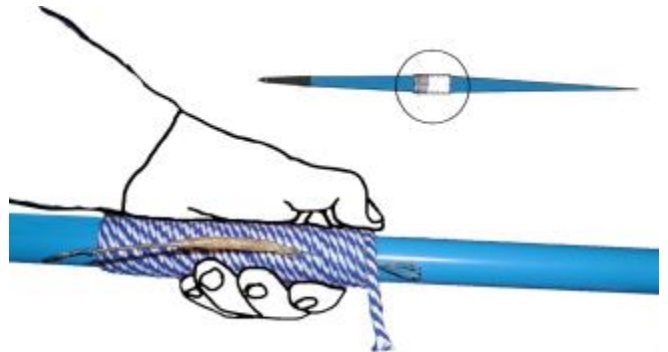
9. Pull the cord core (about 5-7 cm) from the cord wrap.



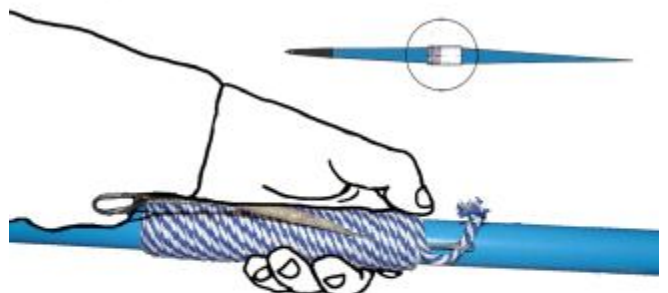
10. Cut off the cord core.



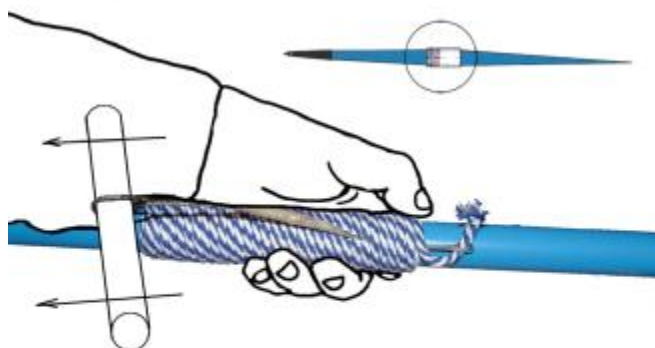
11. Stretch back the cord wrap.



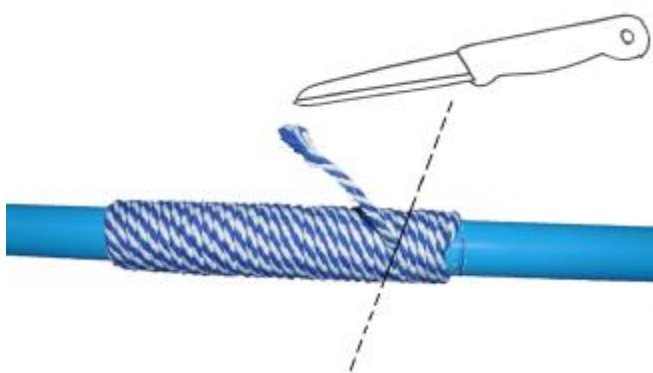
12. Thread the cord end through the loop of the double-loop pull.



13. Slide a stick (or a steel bolt) into the other loop of the pull and pull it strongly towards the direction shown below.



14. The cord end of the section which is now under the last four coils should be cut off with the knife.



15. The replaced cord should look like this one below.



For your convenience the above steps are shown on the enclosed instructional video.